

Massage for People Living with Cancer:

A workshop for massage therapists

*Friday through Sunday
January 23—25th 2009
9-6 each day
Cost 350.00
NCBTMB provider
Space is limited to 12 people*

*Providence Cancer Center
3851 Piper St
Building U
Media Center
2nd floor*

Give the gift of improved quality of life for those living with cancer through massage therapy.

- 24 hour course NCBTMB approved
- Focus on learning massage therapy techniques appropriate for clients going through treatment or post treatment.
- Course alternates between lecture and hands on practice as well as a supervised session with a client.

Learning outcomes:

- Discussing the psychosocial aspects of cancer
- Cancer physiology and metastasis
- Common treatments for cancer and their side effects
- How to adjust massage around the disease and treatments
- Modifying massage therapy for a compromised lymphatic system
- Detailed discussion of assessment



Instructor: Jamie Elswick LMT

Contact Jamie Elswick at 230-5258 to register

Jamie has been a therapist since 1992 and a massage educator since 1994. She teaches nationally and internationally. She is a nationally certified oncology massage therapist and instructor. She was a contributing writer for *Medicine Hands: Massage for People Living with Cancer* 2nd ed. 2007 by Gayle MacDonald.

